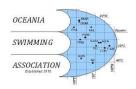


## **Bula! Welcome to the XIII 2020 Oceania Swimming Championships...**

**Games Logo.....** 





## **Meet Information**

The Damodar National Aquatic Centre will host the 2020 XIII Oceania Swimming Championships in Suva, Fiji. Athletes will contest both swimming (4 days), artistic (3 days) and open water (2 separate days).

### **Anticipated Participating Teams:**

Australia

Hawaii

Northern Mariana Islands

Tahiti

Cook Islands

Marshall Islands

Palau

Tonga

Fiji

New Caledonia

Papua New Guinea

Guam

New Zealand

Samoa

FS Micronesia

Solomon Islands

### **Pool Location | Venue Address**

Damodar National Aquatic Centre Laucala Sports City Suva

#### **Fiji Swimming Contacts**

Pitila Thompson Event Package Manager Tel +679 9923838 David Dugu General Manager Tel +8323789 Trisa Cheer Local Technical Coordinator Tel +679 9294885

fijiswimssec@gmail.com

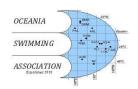
gmfijisiwimming@gmail.com

tiacheer@yahoo.com

## **Host Federation**

Fiji Swimming





### **Oceania Swimming Association**

President: Matt Dunn (AUS)

Vice President: TBA

Hon. Secretary: Ron Clarke (NZ) Hon. Treasurer: Elizabeth Wells (PNG)

Committee Member: Judy Otto (PAL) / Kerrie Punivalu (SAM)

#### Pool Technical Director / OWS Technical Director / Artistic Technical Director

Lesley Huckins John West TBA

<u>huckinz@xtra.co.nz</u> <u>west.jg@gmail.com</u>

**Event Website:** TBA

### **Pre-Meet Training Times**

The 50m pool will be available during the following times:

Saturday 13 June:

Swimming 8:00am to 12:00pm | 3:00pm to 7:00pm

Sunday 14 June:

Swimming 8:00am to 12:00pm | 3:00pm to 7:00pm

Monday 15 June:

Swimming 8:00am to 12:00pm | Close

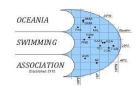
Pool entry is free for training at these times.

For pre meet training access will be through the main entrance of Damodar National Aquatic Centre. Teams that wish to train outside these times will have to organize their own times with the pool and pay any charges.

**Swimming Session Times** 

ownining occorring			
Session 1	Warm Up	Heats Start	Session End
Tuesday AM	8.15 - 9.50am	10.00am	11.00am
Session 2	Warm Up	Finals Start	Session End
Tuesday PM	4.45 - 6.20pm	6.30pm	8.30pm
Session 3	Warm Up	Heats Start	Session End
Wednesday AM	8.15 - 9.50am	10.00am	11.00am
Session 4	Warm Up	Finals Start	Session End
Wednesday PM	4.45 - 6.20pm	6.30pm	8.20pm
Session 5	Warm Up	Heats Start	Session End
Thursday AM	8.15 - 9.50am	10.00am	11.05am
Session 6 Warm Up		Finals Start	Session End
Thursday PM	4.45 - 6.20pm	6.30pm	7.55pm
Session 7	Warm Up	Heats Start	Session End
Friday AM	8.15 - 9.50am	10.00am	10.50am
Session 8	Warm Up	Finals Start	Session End
Friday PM	4.45 - 6.20pm	6.30pm	8.10pm





## **List of Events: Open Water Swimming**

The Fiji 2020 XIII Oceania Championships Open Water Swimming Competition shall consist and, will be contested in the following categories for both Men (M) and Women (W) of the following events.

- Open Water Event: 5km Open Water Swim Championship Gold, Silver and Bronze medals will be awarded in both the open water swimming events.
- Open Water Event: 5km Open Water Swim Relay Championship Gold, Silver and Bronze medals will be awarded in both the open water swimming relay events.
- Open Water Event: 10km Open Water Swim Championship Gold, Silver and Bronze medals will be awarded in both the open water swimming events.

#### **List of Events: Swimming**

The Fiji 2020 XIII Oceania Championships Swimming Competition shall consist of the following events and, will be contested in the following categories for both Men (M) & Women (W) at the Games:

Freestyle 50m, 100m, 200m, 400m, 800m (W) and

1500m (M)

Breaststroke 50m, 100m and 200m

Backstroke 50m, 100m and 200m

Butterfly 50m, 100m and 200m

Individual Medley 200m and 400m

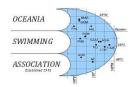
Freestyle Relay 4x50m Free Mixed Relay

4x100m Freestyle Relay

Medley Relay 4x100m Medley Relay

4x50m Medley Mixed Relay





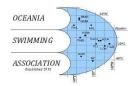
Championship Gold, Silver and Bronze medals will be awarded in both the Men and Women Swimming events.

The introduction of the Island's Medal for the Pool Swimming Competition will be awarded to the Pacific Island Countries outside of the overall 3 fastest place winners. To be awarded the Island's Medal, the below times must be achieved and will be given to the next 3 fastest. However, only two swimmers per Federation can medal regardless of placings in individual events.

## **ISLAND'S MEDAL QUALIFYING TIMES**

MEN	EVENT	WOMEN						
Freestyle								
23.29	50m	27.25						
51.41	<b>1</b> 00m	58.90						
1:54.06	200m	2:13.21						
4:04.96	400m	4:41.97						
	800m	9:38.80						
18:02.31	1500m							
	Backstroke							
27.24	50m	.31.14						
58.81	<b>1</b> 00m	1:08.59						
2:14.61	200m	2:34.27						
	Breaststroke							
29.11	50m	.34.60						
1:03.46	<b>1</b> 00m	1:16.96						
2:22.29	200m	2:45.23						
	Butterfly							
25.27	50m	.28.71						
56.42	<b>1</b> 00m	1:07.48						
2:07.19	200m	2:34.24						
	Individual Medley							
2:12.36	200m	2:29.82						
4:43.71	400m	5:26.62						





**List of Events: Artistic** 

The Fiji 2020 XIII Oceania Championships Artistic Swimming Competition shall consist of the following events: TBA

Championship Gold, Silver and Bronze medals will be awarded for each Artistic event.

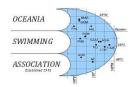
### **Competition Rules & Set up of Competition (Swimming)**

This competition will be conducted under the rules of FINA as set out in the current 2018 – 2021 FINA Handbook, with the exception of the following:

For the 2020 Oceania Swimming Championships the following restrictions apply to all Federations:

- **1.** Federations can enter unlimited swimmers per event. However, only two swimmers per Federation can medal regardless of placings in individual events.
- 2. Where 18 or more competitors compete (swim) in the heats A & B finals will be held.
- **3.** Federations may have 3 swimmers in the A & B finals with no more than 2 swimmers in any one final. E.g. If federations have 2 swimmers in the A final then only 1 swimmer is eligible for the B final. If only one swimmer in the A final then there can be two in the B final.
- **4.** A & B finals will be for 50m, 100m & 200m events only where numbers dictate.
- **5.** 400m events (where not straight finals) will have A finals only with no more than two per federation competing.
- **6.** 800m & 1500m events will be swum as timed finals with the fastest heat swum in the finals session.
- **7.** Where less than 18 swimmers compete in the heats then only two swimmers per federation can advance to the final.
- **8.** In events with less than 8 entries these become straight finals and all swimmers can compete. However, only two swimmers per Federation can medal regardless of placings.
- **9.** Swimmers in events that are straight finals due to less than 8 entries will have the option to swim the event as an exhibition swim in the heats session. The results of such exhibition swims will have no bearing on the seeding or participation in the final to be swum in the finals session.





**10.**Federations may enter up to two relays teams per relay event, but only one relay team per Federation can medal. Smaller Federations are encouraged to combine and enter teams. Such combined teams would compete on an exhibition only basis and would not be eligible for medal placings.

### **Warm-up Procedure**

Fiji Swimming will implement a standard Warm-up Procedure for this meet. Final detail TBA.

### **Marshalling Process**

Heats & Finals:

All marshalling for Heats & Finals will take place at designated location at the DAC.

Heats: Swimmers will need to marshal 4 races prior to their own and remain in the marshalling area.

Finals: Swimmers will be required to marshal 15 minutes before their race time.

All swimmers are required to marshal for relays. Swimsuits will be checked at marshalling for legality.

#### **Team Managers Meeting**

Swimming Pool & Open Water Swim:

There will be a joint Team Managers meeting for Pool & Open Water Swim held on <u>Sunday</u> 14<sup>th</sup> <u>June at 3.30pm</u> in the Conference Room of the Official Games Hotel.

Team Managers will be given a brief run through of the meet schedule, expectations of swimmers and general delivery of the event.

Each Team is asked to have at least one representative at the meeting to ensure that all information is delivered back to the swimmers.

#### **Collection of Team Packs**

Packs for Team Managers including souvenir programmes, complimentary games gifts packs, meet information and passes will be available on check in of each team and the Team Managers meeting.

#### **Passes**

Passes will be issued to all swimmers, coaches and team managers as detailed on the Final Entry Form. Passes will be included in the team packs. Passes must be worn while on pool deck and anyone not wearing a pass will be asked to move to the spectator's area.

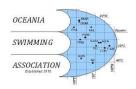
#### **Pool Access**

Swimmers/Coaches/Team Managers:

Access to the pool for swimmers, coaches and managers is via the main entrance of the Damodar National Aquatic Center during the following times:

- 8.00am 10.00am
- 4.30pm 6.30pm





Outside of these times accredited personnel are to exit and enter through the same entrance. Passes must be shown.

#### Spectators:

Spectators will need to access the pool via the main entrance from 9.00am during morning sessions and from 5.30pm for evening session. Anyone without accreditation will not have access the pool deck.

### **Daily Transfers (Hotel to Pool vv)**

Shuttles for hotel to pool and vice versa during competition days will be scheduled and provided to all team during the competition.

#### **Spectator Charges**

Door entry (All Day Pass) \$10.00 Finals Session only \$5.00

Door entry is to be paid at Damodar National Aquatic Centre reception.

#### Parking

Ample parking space for 40 cars is available for free.

#### **Session Programmes**

Session programmes will be available for purchase at the main entrance of the pool.

Heat Sessions programme – per session \$2.00

Finals Programmes – per session \$2.00

#### **Seating for Swimmers**

The seating plan will be posted on the event website. Each Nation will be allocated a number of seats based on the numbers of swimmers, coaches and managers previously submitted. There will be a rotation of seating on the bleachers during the Championships

Spectator seating is available upstairs. VIP seating for those with VIP passes will be located upstairs.

#### **Session Programmes and Results**

Finals Session Programmes and 1 set of results per team will be placed in the Team boxes outside the Admin Room. Relay, protest and withdrawal forms will be available from here also. Session programme numbers are based on the regional coaches and managers form.

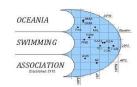
#### Results

Results will be posted Ground floor - on a white results board.

#### **Disqualifications**

Disqualifications will be announced and a copy of the DQ form put in the Team Manager box.





#### **Live Results**

Live results will be available via the Fiji Swimming website. The results for each event will be uploaded once the event has been signed off.

Live results will also be available on the Meet Mobile Apt.

#### **Timelines**

Timelines will be included on both the Heats and Finals Session Programmes. The times shown are approximate and races may start before or after the times indicated. It is the swimmers responsibility to be at marshalling at the appropriate time (i.e. 4 heats before a swimmers scheduled race).

#### **Opening Ceremony**

An Opening Ceremony will be held at the Damodar National Aquatic Centre on Monday 15<sup>th</sup> June starting at 6:00pm.

Each team will be required to be part of the opening ceremony march past. There will be a welcome cocktail and dinner for all participants and officials immediately after the Opening Ceremony.

#### **Victory Ceremonies**

The Victory Ceremony Timetable will be included in the finals programmes and the beating of the Lali (drum carved from a single piece of wood) fanfare will be used to indicate the start of each Victory Ceremony. Victory ceremonies will take place immediately after the following race.

Swimmers who are not present WILL NOT RECEIVE THEIR MEDAL.

IMMEDIATELY after finishing their race AND BEFORE warming down the TOP 3 swimmers must go to the presentation area. They must advise the presentation official they are present.

We will endeavor to run the victory ceremonies as timetabled. If for any reason there is a delay in the results being available, the medal presentation for that event will take place as soon as possible.

#### **Dress standard for victory ceremonies**

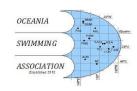
- Official Team Uniform including shorts/track pants.
- No caps or goggles.
- No towels to be wrapped around the waist.

#### **Swimming Technical Officials Information**

#### Technical Officials Meeting:

An officials meeting will be held on Monday 15 June starting at TBA in the Damodar National Aquatic Center. Meet Director will conduct the meeting. It is anticipated that this meeting does not clash with the Open Water Swim event on this Monday 15<sup>th</sup> June.





#### <u>Technical Officials Food:</u>

A marquee behind the Damodar National Aquatic Centre will be open between 8.30am – 9.30am for meetings, tea, coffee and nibbles.

Afternoon tea will be available each day between 4.30pm - 6.00pm in the same marquee.

Refreshments will also be made available during the Artistic sessions.

No food will be served to officials during the sessions. We ask that all officials bring with them a water bottle. Event staff will circulate to refill bottles.

#### **Participants & Technical Officials Games Package Information**

Fiji Swimming has negotiated the following package to assist all teams in their logistical arrangements during the Championships. It is encouraged that participating teams and technical officials take the package as June is a peak holiday period in Fiji;

Swimmers & Officials Package; USD\$1,500pp and includes;

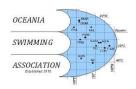
- Twin share accommodation for 7 nights (14<sup>th</sup> 20<sup>th</sup> June 2020) including full American Breakfast at the Novotel Hotel, Lami Fiji.
- Scenic Transfers from Nadi to Suva and vice versa (3hrs 45min drive either direction)
- Transfer from hotel to pool and vice versa during competition days
- Accreditation and Admin costs
- Games complimentary gift bags
- Free Fiji water during competition days
- Dinner from 16<sup>th</sup> to 19<sup>th</sup> June after swimming competition days
- Welcome dinner and free cocktails 15<sup>th</sup> June
- Closing ceremony dinner and free cocktails 20<sup>th</sup> June
- Free medical services at the competition pool

Note: Teams may wish to fly directly to Nausori Airport and be provided complimentary 45min road transfer to Suva. There is a separate cost for this shorter 30min flight transfer by air from Nadi to Nausori airport, please liaise on email <a href="mailto:fsswimssec@gmail.com">fsswimssec@gmail.com</a> for costs.

Technical Officials Package; USD\$1,900pp and includes;

- Twin share accommodation for 7 nights including full American Breakfast at the Holiday Inn hotel, Suva.
- Scenic Transfers from Nadi to Suva and vice versa (3hrs 45min drive either direction)
- Transfer from hotel to pool and vice versa during competition days
- Games complimentary gift bags
- Free Fiji water during competition days
- All lunches 14<sup>th</sup> June to 20<sup>th</sup> June organized for officials, we will be selecting different venues with different dining experiences for the official's pre competition and during competition.
- Official Technical function Dinner on Sunday 14<sup>th</sup> June for officials hosted by Fiji Swimming President and FS Exec Committee
- Dinner from 16<sup>th</sup> to 19<sup>th</sup> June after swimming competition days
- Welcome dinner and free cocktails 15<sup>th</sup> June
- Closing ceremony dinner and free cocktails 20<sup>th</sup> June





- Uniforms (2 t-shirts and official shirt)
- Refreshments during competitions
- Free medical services at the competition pool

Fiji Swimming is finalizing special airfare deals with Fiji Airways for all participants and will pass on information to teams that require the special fares.

Please contact Mrs. Pitila Thompson on email <u>fijiswimssec@gmail.com</u> for package confirmations by no later than 31<sup>st</sup> January 2020 for deposits and confirmations.

## Payment Schedule:

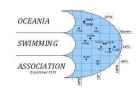
- 1. 50% of package cost due by 31st January 2020
- 2. Additional 25% of package cost due 31st March 2020
- 3. Final 25% of package cost due 30<sup>th</sup> May 2020

Contact <a href="mailto:fijiswimssec@qmail.com">fijiswimssec@qmail.com</a> for refund terms and conditions.

#### **DAILY SCHEDULE OF EVENTS**

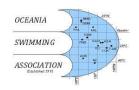
DATE	TIME	ACTIVITY	LOCATION	WHO	
Sunday 14 June	3.30pm – 4.30pm	Team Managers Meeting for Pool and Open Water Swim	Conference Room – Official Hotel	All national teams	
	6.30pm – 9.00pm	Official Technical function "Taste of Multicultural Fiji" Dinner & Cocktails hosted by Fiji Swimming President	Venue to be confirmed	Overseas & Local Technical Officials in Pool, Open Water, Artistic competitions. OSA Exec Com. & invited Government Officials	
Monday 15 June	10.00am	Open Water – 10km	Upraising Beach Resort	All national teams	
	3.00pm	Oceania Delegates Conference	Conference Room – Official Hotel	Invited Oceania Delegates	
	6.00pm – 8.30pm	Official Opening, Cocktails and Dinner	Damodar National Aquatic Centre	All national teams, officials & Invitees	
Tuesday 16 June 10.00am S		Swimming Heats Session 1	Damodar National Aquatic Centre	All national teams	
		Synchronize Swimming Session 1	Damodar National Aquatic Centre	All national teams	
	6.30pm	Swimming Finals Session 2	Damodar National Aquatic Centre	All national teams	
Wednesday 17 June	Wednesday 17 June 10.00am		Damodar National Aquatic Centre	All national teams	
		Synchronize Swimming Damodar Nation Session 2 Aquatic Centre		All national teams	
	6.30pm	Swimming Finals Session 4	Damodar National Aquatic Centre	All national teams	





Thursday 18 June	10.00am	Swimming Heats Session 5	Damodar National Aquatic Centre	All national teams
		Synchronise Swimming FREE DAY		
	6.30pm	Swimming Finals Session 6	Damodar National Aquatic Centre	All national teams
Friday 19 June	10.00am	Swimming Heats Session 7	Damodar National Aquatic Centre	All national teams
		Synchronize Swimming Session 3	Damodar National Aquatic Centre	All national teams
	6.30pm	Swimming Finals Session 8	Damodar National Aquatic Centre	All national teams
Saturday 20 June	10.00am	Open Water – 5km and OWS Relay with 4 swimmers (2 male and 2 female) each swimming a segment of 1.25km.	Upraising Beach Resort	All national teams
	6.00pm	Closing Ceremonies and Dinner Celebrations	FMF Gymnasium	All national teams, officials & invited Guests
	10.00			
Sunday 21 June	10.00am	Check Out		All national teams

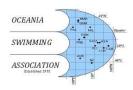




## **COMPETITION EVENT PROGRAM**

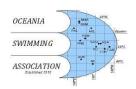
Day 1		Day 2		Day 3			Day 4					
	Session 1 - Heats		Session 3 - Heats			Session 5 - Heats			Session 7 - Heats			
	rm up 8.15am – 9.45am St 00am	art		m up 8.15am – 9.45am Si 00am	tart		m up 8.15am – 9.45am )0am	Start	Warm up 8.15am – 9.45am Start 10.00am		t	
1	50 Butterfly	М	12	400 IM	W	23	50 Breaststroke	W	34	800 Freestyle	TF	W
2	50 Butterfly	W	13	400 IM	М	24	50 Breaststroke	М	35	200 IM		М
3	200 Freestyle	М	14	50 Backstroke	W	25	400 Freestyle	W	36	200 IM		W
4	200 Freestyle	W	15	50 Backstroke	М	26	400m Freestyle	М	37	50 Freestyle		М
5	100 Backstroke	М	16	100 Freestyle	W	27	100 Butterfly	W	38	50 Freestyle		W
6	100 Backstroke	W	17	100 Freestyle	М	28	100 Butterfly	М	39	200 Breaststroke		М
7	200 Butterfly	М	18	100 Breaststroke	W	29	200 Backstroke	W	40	200 Breaststroke		W
8	200 Butterfly	W	19	100 Breaststroke	М	30	200 Backstroke	М	41	4 x 100 Medley Relay		М
9	1500 Freestyle TF	М	20	4x50 Mix Medley Relay	2M/2W	31	4 x 100 Free Relay	W	42	4 x 100 Medley Relay		W
10	4x50 Mx Free Relay	2M2W	21	4x 200 Free Relay	W	32	4 x 100 Free Relay	М				
11	4x100 Mx Medley Relay	2M2W	22	4x 200 Free Relay	М				1			





Day 1		Day 2		Day 3		Day 4			
Session 2 - Finals	;	Session 4 - Finals		Session 6 - Finals	Session 6 - Finals Session 8 - Final		}		
Warm-up 4.45pm – 6.00pm Star 6.30pm	rt	Warm-up 4.45pm – 6.00pm Star 6.30pm	t	Warm-up 4.45pm – 6.00pm Star 6.30pm	t	Warm-up 4.45pm – 6.00pm Start	6.30pm		
1 50 Butterfly	М	12 400 IM	W	23 50 Breaststroke	W	33 4 x 100 Mix Free Relay	2M2W		
2 50 Butterfly	W	13 400 IM	M	24 50 Breaststroke	М	34 800 Freestyle TF	W		
Medal Ceremony - 50 fly M		Medal Ceremony - 400 IM W		Medal Ceremony - 50 Breast W		Medal Ceremony – 4 x 100 Relay 2M2W			
3 200 Freestyle	M	14 50 Back	W	25 400 Freestyle	W	35 200 IM	М		
Medal Ceremony - 50 fly W		Medal Ceremony - 400 IM M		Medal Ceremony - 50 Breast M		Medal Ceremony - 800 Freestyle	W		
4 200 Freestyle	W	15 50 Back	W	26 400 Freestyle	М	36 200 IM	W		
Medal Ceremony – 200 Free M		Medal Ceremony - 50 Back W		Medal Ceremony - 400 Free W		Medal Ceremony - 200 IM M			
5 100 Backstroke	M	16 100 Freestyle	M	27 100 Butterfly	W	37 50 Freestyle	M		
Medal Ceremony – 200 Free W		Medal Ceremony - 50 Back M		Medal Ceremony - 400 Free M		Medal Ceremony - 200 IM W			
6 100 Backstroke	W	17 100 Freestyle	M	28 100 Butterfly	М	38 50 Freestyle	W		
Medal Ceremony – 100 Back M		Medal Ceremony - 100 Free W		Medal Ceremony - 100 Fly W		Medal Ceremony - 50 Free W			
7 200 Butterfly	M	18 100 Breast	W	29 200 Backstroke	W	39 200 Breaststroke	М		
Medal Ceremony – 100 Back W		Medal Ceremony - 100 Free M		Medal Ceremony - 100 Fly M		Medal Ceremony - 50 Free W			
8 200 Butterfly	W	19 100 Breast	М	30 200 Backstroke	М	40 200 Breaststroke	W		
Medal Ceremony – 200 Fly M		Medal Ceremony - 100 Breast W	•	Medal Ceremony – 200 Back W		Medal Ceremony - 200 Breast M			
9 1500 Freestyle TF	M	– 100 Breast M		Medal Ceremony – 200 Back M		Medal Ceremony – 200 Breast W			
Medal Ceremony – 200 Fly W		20 4x50 Mixed Medley Relay	2M2W	31 4 x 100 Free Relay	W	41 4 x 100 Medley Relay	М		
– 1500 Free M		21 4 x 200 Free Relay	W	32 4 x 100 Free Relay	М	42 4 x 100 Medley Relay	W		
10 4 x 50 Mixed Free Relay	2M2W	22 4 x 200 Free Relay	М	Medal Ceremony – 4 x 100 Fr Re	lay W	Medal Presentation - 4 x 100 Med	RM		
11 4x100 Mix Medley Relay	2M2W	Medal Ceremony - 4x50 X Med Relay		– 4 x 100 Fr Re	lay M	Medal Presentation - 4 x 100 Med	RM		
Medal Ceremony - 4x50 X Free	Relay	- 4x200 Free Re	elay W						
- 4x100 X Med	Relay	- 4x200 Free R	elay M						





Swimming Preliminary Entry Form

Country	Country Code
National Federation Name (FINA Member)	
Postal Address	Post Code
Email Address	
Email Address	
Contact Tolonhone	Contact Fox
Contact Telephone	Contact Fax
National Federation Contact	Decition
National Federation Contact	Position
Please indicate the number of athletes	s intending to participate
Men	Women
Please indicate the number of coaches/mana	gement intending to participate
Men	Women
Men	women
Expected date of arrival in Auckland:	
Dondlines Diones return this form by	Eriday 21 January 2020

**Deadline:** Please return this form by Friday 31 January 2020

Please email to David Dugu at <a href="mailto:gmfijiswimming@gmail.com">gmfijiswimming@gmail.com</a> and copy <a href="mailto:fijiswimssec@gmail.com">fijiswimssec@gmail.com</a>