

Day 1 – Wednesday 15 April Session 1 – Heats Warm Up 7.00 – 8.00am, Start 8.10am				Day 2 – Thursday 16 April Session 3 – Heats Warm Up 7.00 – 8.00am, Start 8.10am				Day 3 – Friday 17 April Session 5 – Heats Warm Up 7.00 – 8.00am, Start 8.10am				Day 4 – Saturday 18 April Session 7 – Heats Warm Up 7.00 – 8.00am, Start 8.10am				Day 5 – Sunday 19 April Session 9 – Heats Warm Up 7.00 – 8.00am, Start 8.10am			
1	400m Free	M	13 & Over	8	200m Breast	F	13 & Over	15	400m IM	F	13 & Over	26	100m Fly	M	13 & Over	33	400m Free	F	13 & Over
2	100m Free	F	13 & Over	9	200m Breast	M	13 & Over	16	400m IM	M	13 & Over	27	100m Fly	F	13 & Over	34	200m IM	M	13 & Over
3	50m Breast	M	13 & Over	10	50m Free	F	13 & Over	17	50m Fly	F	13 & Over	28	200m Back	M	13 & Over	35	200m IM	F	13 & Over
4	50m Breast	F	13 & Over	11	50m Free	M	13 & Over	18	50m Fly	M	13 & Over	29	200m Back	F	13 & Over	36	50m Back	M	13 & Over
5	200m Fly	M	13 & Over	12	100m Back	F	13 & Over	19	200m Free	F	13 & Over	30	100m Breast	M	13 & Over	37	50m Back	F	13 & Over
6	200m Fly	F	13 & Over	13	800m Free	M	13 & Over	20	200m Free	M	13 & Over	31	100m Breast	F	13 & Over	38	100m Free	M	13 & Over
7	100m Back	M	13 & Over	14	800m Free	F	13 & Over	21	1500m Free	F	13 & Over	32	1500m Free	M	13 & Over	39	4x100 Medley CR	F	Age
								22	4x100m Free CR	M	Age					40	4x100 Medley CR	M	Age
								23	4x100m Free CR	F	Age					41	4x100 Medley CR	F	Youth
								24	4x100m Free CR	M	Youth					42	4x100 Medley CR	M	Youth
								25	4x100m Free CR	F	Youth								
Session 2 – Finals Warm Up 4.00-5.00pm, Start 5.10pm				Session 4 – Finals Warm Up 4.00-5.00pm, Start 5.10pm				Session 6 – Finals Warm Up 4.00-5.00pm, Start 5.10pm				Session 8 – Finals Warm Up 4.00-5.00pm, Start 5.10pm				Session 10 – Finals Warm Up 4.00-5.00pm, Start 5.10pm			
1	400m Free	M	13 years	8	200m Breast	F	13 years	15	400m IM	F	13 years	26	100m Fly	M	13 years	33	400m Free	F	13 years
		M	14 years			F	14 years			F	14 years			M	14 years			F	14 years
		M	15 years			F	15 years			F	15 years			M	15 years			F	15 years
		M	16 years			F	16 years			F	16 years			M	16 years			F	16 years
		M	17-18 years			F	17-18 years			F	17-18 years			M	17-18 years			F	17-18 years
2	100m Free	F	13 years	9	200m Breast	M	13 years	16	400m IM	M	13 years	27	100m Fly	F	13 years	34	200m IM	M	13 years
		F	14 years			M	14 years			M	14 years			F	14 years			M	14 years
		F	15 years			M	15 years			M	15 years			F	15 years			M	15 years
		F	16 years			M	16 years			M	16 years			F	16 years			M	16 years
		F	17-18 years			M	17-18 years			M	17-18 years			F	17-18 years			M	17-18 years
3	50m Breast	M	13 years	10	50m Free	F	13 years	17	50m Fly	F	13 years	28	200m Back	M	13 years	35	200m IM	F	13 years
		M	14 years			F	14 years			F	14 years			M	14 years			F	14 years
		M	15 years			F	15 years			F	15 years			M	15 years			F	15 years
		M	16 years			F	16 years			F	16 years			M	16 years			F	16 years
		M	17-18 years			F	17-18 years			F	17-18 years			M	17-18 years			F	17-18 years
4	50m Breast	F	13 years	11	50m Free	M	13 years	18	50m Fly	M	13 years	29	200m Back	F	13 years	36	50m Back	M	13 years
		F	14 years			M	14 years			M	14 years			F	14 years			M	14 years
		F	15 years			M	15 years			M	15 years			F	15 years			M	15 years
		F	16 years			M	16 years			M	16 years			F	16 years			M	16 years
		F	17-18 years			M	17-18 years			M	17-18 years			F	17-18 years			M	17-18 years
5	200m Fly	M	13 years	12	100m Back	F	13 years	19	200m Free	F	13 years	30	100m Breast	M	13 years	37	50m Back	F	13 years
		M	14 years			F	14 years			F	14 years			M	14 years			F	14 years
		M	15 years			F	15 years			F	15 years			M	15 years			F	15 years
		M	16 years			F	16 years			F	16 years			M	16 years			F	16 years
		M	17-18 years			F	17-18 years			F	17-18 years			M	17-18 years			F	17-18 years
6	200m Fly	F	13 years	13	800m Free (TF)	M	13-18 years	20	200m Free	M	13 years	31	100m Breast	F	13 years	38	100m Free	M	13 years
		F	14 years							M	14 years			F	14 years			M	14 years
		F	15 years							M	15 years			F	15 years			M	15 years
		F	16 years							M	16 years			F	16 years			M	16 years
		F	17-18 years							M	17-18 years			F	17-18 years			M	17-18 years
7	100m Back	M	13 years	14	800m Free (TF)	F	13-18 years	21	1500m Free (TF)	F	13-18 years	32	1500m Free (TF)	M	13-18 years	39	4x100 Medley CR	F	Age
		M	14 years											M	Age				
		M	15 years											F	Youth				
		M	16 years											M	Youth				
		M	17-18 years																
								22	4x100m Free CR	M	Age								
								23	4x100m Free CR	F	Age								
								24	4x100m Free CR	M	Youth								
								25	4x100m Free CR	F	Youth								